

Scoring Scale and Points

Table of Tricks Women

POINTS	REFERENCE ELEMENTS	EXAMPLES
0	Running	
0.5	Parkour classics, handsprings	Turn vault
1	Basic flips, baby giants	Webster, frontflip
1.5	180, gaet flip, pistol-set backflip, ping backflip	Regrasp-90
2	360, cast backflips, giants, inward flips	Regrasp-0, backflip 360, cork
2.5	540, counter swings	Aerial 540
3	720	Double Cork
3.5	900	
4	1 ½ flips, double swing gainer	
4.5	1080, Double flips	
5	<i>More difficult than 4.5 or reached with connection upgrade</i>	

Scoring Scale and Points

Table of Tricks Men

POINTS	REFERENCE ELEMENTS	EXAMPLES
0	Running, parkour classics, handsprings, basic flips, baby giants	Turn vault, webster frontflip
0.5	180, gaet flip, pistol-set backflip, ping backflip	Regrasp-90
1	360, cast backflips, giants, inward flips	Regrasp-0, backflip 360, cork
1.5	540, counter swings	Toe shoot frontflip, aerial 540
2	720, Gaet pimpflip 360, Gainer 360	Kong gainer, double cork
2.5	900	Cast backflip 360
3	1 ½ flips, double swing gainer	Cast gainer
3.5	1080, Double flips	
4	1260, double swing gainer 360	
4.5	1440, double flips 360, double swing gainer 720	
5	<i>More difficult than 4.5 or reached with connection upgrade</i>	