



**European  
Gymnastics**

Head Office  
Avenue de la Gare 12  
CH - 1003 Lausanne

Phone: +41 - 21 - 613.10.20

info@europeangymnastics.com  
www.europeangymnastics.com

## ***Invitation***

# ***Acrobatic Gymnastics Training Camp***



***August 2<sup>nd</sup> to 8<sup>th</sup>, 2021  
Kamchia***





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**To the European Gymnastics  
Member Federations**

**INVITATION TO THE ACROBATIC GYMNASTICS TRAINING CAMP  
August 2<sup>nd</sup> to 8<sup>th</sup>, 2021 in Kamchia / BUL**

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**Dear Sirs,**

The Technical Committee of Acrobatic Gymnastics has the great pleasure to invite interested coaches and athletes of all levels from the European Gymnastics Member Federations to participate in its training camp.

In parallel to the training camp, workshops for coaches will be organised.

**Participants**

Gymnasts: We expect at least 50 participants with a maximum of 100. Each team must participate with at least one coach (the total number of the coaches depends on the number of the participating gymnasts). Any Federation intending to send more than 10 gymnasts should inform European Gymnastics when applying. In that case, they will be contacted directly for confirmation after the deadline of the registration, June 20<sup>th</sup>.

Coaches:

Specific courses and workshops will be organised for coaches coming without any gymnasts. Short sequences of workshops for all coaches will also take place before or after the training sessions.

**Venue**

The camp will take place from August 2<sup>nd</sup> to 8<sup>th</sup>, 2021 at Sports and Health Complex Kamchia (BUL).

For further information about the venue, please visit: <http://www.sok-kamchia.com/>

**Responsibility of the coaches**

As most of the gymnasts participating in the training camp are still minor, it is important for us to underline that the coach accompanying the gymnasts has to take care of their welfare and security and to supervise them at all times, not only during the training. The coaches are responsible that they themselves and their gymnasts respect the Covid guidelines at all times from the beginning of travel to the camp until the return home.

## Language

The course will be held in English.

## Programme

Monday August 2 <sup>nd</sup>	Arrival
Tuesday August 3 <sup>rd</sup> – Saturday 7 <sup>th</sup>	Training and workshops
Saturday August 7 <sup>th</sup> , evening	Banquet
Sunday August 8 <sup>th</sup>	Departure

The coaches' course/workshops will include all aspects of acrobatics including:

- Progression and development of pair and group elements
- Training and conditioning
- Code of points
- Table of difficulty
- Constructing a routine
- Development plans
- Specific requests indicated on the inscription form
- Everything you ever wished to know about this exciting gymnastics discipline

Leisure activities will be proposed at special prices (to be arranged on arrival).

The team of experts is composed by some of the best coaches in Europe (some changes could occur):

- |                              |  |
|------------------------------|--|
| • Nikolay Ivanov – BUL       | European Gymnastics representative / Manager of coaches and Workshops/ Training expert |
| • Dmitry Vinnikov – RUS      | European Gymnastics representative / Training expert                                   |
| • Galina Kovalchuk – UKR     | Choreography expert  |
| • Igor Blintsov – GER        | Training expert  |
| • Sergey Tretyakov - BEL     | Training expert  |
| • Yury Golyak – UKR          | Training expert  |
| • Eva Mauriceau – FRA        | Training expert  |
| • Vladimir Makarchenko – GBR | Training expert  |
| • Revaz Gurgeneidze – RUS    | Training Expert  |

## Inscriptions

The inscriptions must be sent within the fixed deadlines to the following address:

European Gymnastics Office, [info@europeangymnastics.com](mailto:info@europeangymnastics.com) and to the e-mail of the LOC: [bulacro@gmail.com](mailto:bulacro@gmail.com)

**Deadline for entries: 20.06.2021**

**Deadline for full payment: 04.07.2021**

**Travel information: 11.07.2021**

## Participation fee

The participation fee is **350 Euro/person** for 6 nights and includes:

- Training with qualified instructors (camp experts)
- Workshops for coaches
- Full board accommodation in rooms with 2 to 4 beds, shower/toilet in each room
- Use of the beach

- Farewell party
- Transfer from Varna Airport and Varna railway or bus stations.

**Do not purchase flight tickets until European Gymnastics confirms that the Camp will definitively take place.**

#### **IMPORTANT**

**Detailed COVID Guidelines will be sent out some 6 weeks before the beginning of the camp. Please take note that a negative PCR test (realised 72 hours before departure) must be presented upon arrival. Quick tests might be organised at the venue.**

**If any person needs a PCR test result for the return to the home country, the LOC must be informed by e-mail by *July 11<sup>th</sup>, 2021*.**

**Do not forget to take enough masks with you!**

**Please make sure that all participants have a valid insurance, in particular in case of a positive test result (quarantine at the venue). If a gymnast should be tested positive, an accompanying person must stay with him/her!**

**All costs related to tests and possible quarantine have to be covered by the participants.**

**NF are to advise European Gymnastics of any specific allergies / illnesses etc. of gymnasts and coaches.**

#### **CANCELLATION POLICY**

Cancellation without costs is possible until **2 weeks before the camp (25.07)**.

#### **Travel information**

The transport is organized by the LOC from Varna airport, Varna train station or Varna bus station. Please send your travel details to the LOC no later than **11.07.2021**.

The LOC will also provide local transportation from Burgas Airport to Kamchia and back. This service will be charged at the price of EURO 20 per person per way and at each delegation's own expenses.

For those of you who are not able to come or leave on the set dates we can offer extra nights before or/and after the camp. The price is the same as for each night.

The Sports and Health Complex Kamchia is located about 25 km south of Varna. Its situated at one of the most picturesque parts of the Bulgarian Black Sea coast combining the mount of Kamchia River and the nature reserve, which is under the protection of UNESCO. It is situated among a dense forest adjacent to the beach. SHC Kamchia has the most advanced sports and recreational facilities on the territory of Bulgaria. The combination of sports facilities, beds and medical diagnostic center and spa, makes it an ideal place for sports camps.

Please transfer the exact amount by **04.07.2021** to the following bank account of the LOC:

Account Holder:	Bulgarian Federation of Sports Acrobatics
Account Holder Address:	75, Vasil Levski bd, 1040 Sofia, Bulgaria
Bank name:	First Investment Bank – Branch Narodno sabranie 2
Bank address:	1000 Sofia, 3 Narodno sabranie Sq.
IBAN:	BG20 FINV 9150 10 EUR 0 LPB4
BIC code:	FINV BGSF / EUR

Each participating member Federation is kindly requested to integrate the payment's purpose as follows: Country XXX, ACRO Camp 2021

Example: BUL, ACRO Camp 2021

**For further information about the venue, please contact:**

**Bulgarian Federation of Sports Acrobatics**

1000 Sofia, 75 Vasil Levski blvd, Bulgaria

Tel./fax: +359 2 987 62 45

Mobile +359 894 640108 Nedko Kostadinov

[bulacro@gmail.com](mailto:bulacro@gmail.com)

The members of the European Gymnastics TC-ACRO hope that they can welcome participants from many different federations.

Yours Sincerely,

EUROPEAN GYMNASTICS

The President

The President TC-ACRO

Dr Farid GAYIBOV

Carine CHARLIER

Lausanne, May 2021

**By submitting the provisional and/or definitive and/or nominative registrations for this Event, you agree to the processing of personal data contained in the forms of inscription purposes related to this European Gymnastics event and the publication of photos and/or moving images**

#### **DEFINITIVE AND NOMINATIVE APPLICATIONS**

By submitting a provisional and/or definitive and/or nominative application, you accept that data you input will be transmitted to and saved by European Gymnastics. Submitted information for the application to an official European Gymnastics event will be transmitted through the European Gymnastics office to the official LOC. NF has access to its data at all times in order to amend it.

#### **DUTY OF THE LOC**

The LOC undertake not to disseminate to its own clients the data submitted by European Gymnastics and NFs, to use the information exclusively for the event, to respect the retention/erasure period provided and to take any useful measure to safeguard the information in its possession.

#### **DATA PROCESSING**

Data submitted to European Gymnastics and transferred to the LOC may be used for the following purposes:

- Preparation of the organisation of this event
- List of athletes and coaches designated by name
- List of delegations and accompanying persons designated by name

#### **DUTY OF EUROPEAN GYMNASTICS**

European Gymnastics shall supply the most recent data to their LOC on time and on a regular basis.

#### **DUTY OF THE LOC**

The LOC undertake not to disseminate to its own clients the data submitted by European Gymnastics and NFs, to use the information exclusively for the event, to respect the retention/erasure period provided and to take any useful measure to safeguard the information in its possession.

#### **RETENTION OF INFORMATION IN ORDER TO PREPARE THE EVENT**

The LOC is entitled to retain for a 6-month period the information related to the entries and the organisation of the event.

After this deadline, all information received shall be erased except for the accounting data such as invoicing. The legal deadline of the host country shall apply.

#### **PUBLICATION OF PHOTOS AND/OR MOVING IMAGES**

By submitting a provisional and/or definitive and/or nominative application through the NF, all participants agree to be filmed, televised, photographed, identified and otherwise recorded during the event under the conditions and for the purposes now or hereafter authorized by European Gymnastics in relation with the promotion of the event. The NF and the participants agree that all photos and moving images taken at the event shall be used solely for personal and non-commercial purposes unless prior written consent is obtained from European Gymnastics.

#### **CONTACT**

EUROPEAN GYMNASTICS

Avenue de la Gare 12, 1003 Lausanne, Switzerland

Phone: +41 - 21 - 613.10.20, E-Mail: [info@europeangymnastics.com](mailto:info@europeangymnastics.com)



**Registration**  
**TRAINING CAMP ACRO**  
**Kamchia 02. – 08.08.2021**

The Federation of \_\_\_\_\_

enters the following gymnasts and their coach(es):

	Name	First Name	Date of birth	Athlete	Coach for training	Discipline WP-MP..	Size T-Shirt	Male or Female
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								

**We confirm having taken note of the agreement regarding data protection  
(page 5 of this invitation)**

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

To return to  
European Gymnastics Office – [info@europeangymnastics.com](mailto:info@europeangymnastics.com)  
and  
[bulacro@gmail.com](mailto:bulacro@gmail.com)

**Deadline: 20.06.2021**

**Registration**  
**ACRO WORKSHOPS**  
**Kamchia 02. – 08.08.2021**

The Federation of \_\_\_\_\_

enters the following coaches:

	Name	First name	Size T- Shirt	Male or Female
1.				
2.				
3.				
4.				

Specific expectations:

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**We confirm having taken note of the agreement regarding data protection  
(page 5 of this invitation)**

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

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European Gymnastics Office – [info@europeangymnastics.com](mailto:info@europeangymnastics.com)  
and  
[bulacro@gmail.com](mailto:bulacro@gmail.com)  
**Deadline: 20.06.2021**



**Information about travelling**  
**ACRO WORKSHOPS**  
**Kamchia 02. – 08.08.2021**

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Name of the team/NF: \_\_\_\_\_

Coach: \_\_\_\_\_ Mobile number: \_\_\_\_\_

Email: \_\_\_\_\_

**ARRIVAL**

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Bus  Train  Car  Flight

Flight number and airport \_\_\_\_\_

We need transportation from the railway station/airport

We need transportation from the Bus station

**DEPARTURE**

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Bus  Train  Car  Flight

Flight number and airport \_\_\_\_\_

We need transportation to the railway station/airport

We need transportation for the Bus station

**This information is to be sent to the LOC: [bulacro@gmail.com](mailto:bulacro@gmail.com)**

**Please send a copy to Carine Charlier, President European Gymnastics ACRO-TC:**  
**[carine.charlier.acro@gmail.com](mailto:carine.charlier.acro@gmail.com)**

**Deadline: 11.07.2021**