# **Competition evaluation sheet**

#### OBSERVATION SHEET FOR THE SAFETY ASSESSMENT IN GYMNASTICS

## **Identification data:**

Event name: National Championship WAG Junior Individuals, III, II &I

Date and location of event: 28-29.10.2023, Sports Hall- Deva

Name of evaluator: Bucureasa Simona Emilia Elena

#### **Coaches Behavior:**

• Do coaches follow safety rules and clearly communicate them to children?

 Are coaches attentive to children and responsive to their needs?

| • | Do coaches encourage and | support children | in a | positive way | ? |
|---|--------------------------|------------------|------|--------------|---|
|---|--------------------------|------------------|------|--------------|---|

| Yes      | No | Undecided |
|----------|----|-----------|
| ✓        |    |           |
| ✓        |    |           |
| <b>√</b> |    |           |

#### **Evaluation of accommodation conditions:**

- Is the accommodation clean and safe? Children should be accommodated in safe and healthy conditions that allow them to rest and prepare properly for the competition.
- Are the children properly supervised?
- Are there sufficient sanitary and personal hygiene facilities?

| Yes      | No | Undecided |
|----------|----|-----------|
| <b>√</b> |    |           |
| <b>√</b> |    |           |
| <b>√</b> |    |           |

# **Assessment of meal conditions:**

- Is the food prepared and served safely and hygienically?
- Are there adequate and nutritious food options?
- Are children supervised during meals?

## **Assessment of competition conditions:**

- Is the competition venue clean and safe?
- Is protective equipment in good condition and used properly?
- Are there sufficient supervisory staff to ensure children's safety?

| Yes      | No | Undecided |  |
|----------|----|-----------|--|
|          |    | <b>√</b>  |  |
| <b>√</b> |    |           |  |
|          |    | <b>√</b>  |  |

| Yes | No | Undecided |
|-----|----|-----------|
| ✓   |    |           |
| ✓   |    |           |
| ✓   |    |           |

• Is there bottled water or water dispensers available for athletes?

| Yes | No | Undecided |
|-----|----|-----------|
| ✓   |    |           |

# Assessment of injury hazards related to the location of the competition hall:

- Are there obvious hazards such as slippery surfaces, uneven surfaces or obstacles around the competition area?
- Are there sufficient supervisory personnel to prevent accidents or intervene quickly in the event of accidents?
- Is there a plan of action in the event of an accident or emergency?
- Is there ambulance and first aid medical staff?
- Are all safety rules and procedures followed by organisers, officials and participants?

| Yes | No | Undecided |
|-----|----|-----------|
|     | ✓  |           |
| ✓   |    |           |
| ✓   |    |           |
| ✓   |    |           |
| ✓   |    |           |

#### Additional comments and recommendations:

Accommodation and meal arrangements were provided by each individual club, supervised by coaches and teachers. Athletes were accommodated in different units. From the information received on the quality of services (accommodation and meals) they were satisfactory. It can be confirmed that both athletes and coaches were physically, mentally and emotionally fit on the day of the competition but also on the accommodation day.

It is worth mentioning that the athletes were constantly encouraged, motivated by their coaches and also showed respect, fair play and mutual support throughout the competition. These aspects highlight the importance of safeguarding education, which must be present not only during training but also during competitions.

However, the report identifies some areas for improvement in future competitions. Better communication and coordination between organizers, coaches, parents and athletes is recommended to ensure understanding, compliance with all safeguarding policies and regulations and to keep the competition space safe (only coaches and their competing athletes are allowed, along with referees) without jeopardising the smooth running of the competition.

Particular attention must also be paid to ensure adequate and safe facilities for training and competition.

All in all, it was truly a motivating competition atmosphere with a positive energy that is beneficial to a national competition. The audience behaved appropriately, decently, always encouraging the athletes.

The evaluation report underlines the importance of continuing and respecting the safeguarding policies in the field of Women's Artistic Gymnastics in Romania, in order to maintain a safe environment both at training and competition.

Safeguarding Officer,

Prof. Bucureasa Simona Emilia Elena