

Competition Evaluation Sheet

OBSERVATION SHEET FOR SAFETY EVALUATION IN GYMNASTICS

Identification Data:

- Event Name: National Competition/Gymnastics and Acrobatics Festival for All
- Date and Location of Event: 09.06.2024, Constanța, Simona Amânar Hall
- Evaluator's Name: Gaju Anca Florentina

Evaluation of Coaches' Behavior:

- Do the coaches follow safety rules and clearly communicate them to the children? - Yes
- Are the coaches attentive to the children and respond promptly to their needs? - Yes
- Do the coaches encourage and support the children positively? - Yes

The coaches were with their athletes, closely supervising them. Only one incident was recorded when an athlete accidentally injured another girl. The latter received immediate medical care.

Evaluation of Accommodation Conditions:

- Is the accommodation clean and safe?

Children need to be housed in safe and healthy conditions to rest and prepare properly for the competition.

- Are the children properly supervised? - Yes
- Are there sufficient sanitary and personal hygiene facilities? - Yes

Accommodation conditions were adequate. Not all teams requested accommodation, as some traveled back and forth on the same day.

- Is the food prepared and served safely and hygienically?

The food was prepared according to the needs of the athletes who were in the competition program.

- Are there adequate and nutritious food options? Are the children supervised during meals?

The athletes were supervised by both their coaches and the dining hall staff. A corner of the competition hall featured a so-called Lidl Market, full of apples, oranges, and bananas.

Evaluation of Competition Conditions:

- Is the competition venue clean and safe?
- Is the protective equipment in good condition and used appropriately?
- Is there sufficient supervision to ensure the children's safety?
- Is bottled water or water dispensers available for the athletes?

The venue was nice, clean, and spacious, with the only inconvenience being ventilation and the lack of air conditioning. It might have been better if there had been some fans placed in the waiting area.

The athletes competed in over 35-degree temperatures.

Water was freely available in 0.5-liter bottles.

Evaluation of Injury Hazards Related to the Competition Venue:

- Are there obvious hazards such as slippery surfaces, uneven surfaces, or obstacles around the competition area? - No, there were none.
- Is there sufficient supervision to prevent accidents or intervene quickly if they occur? - Yes
- Is there an action plan in case of an accident or emergency?

Yes, through the constant presence of the medical team.

- Is there an ambulance and first aid medical staff? - Yes, there was.
- Are all safety rules and procedures respected by organizers, officials, and participants? - Yes, they were respected.

Additional Observations and Recommendations:

- Note any issues or concerns related to the children's safety and provide specific recommendations for improving safety conditions.
- The competition area should be separated so that athletes waiting for their turn do not lean on the floor, thus exposing themselves to the risk of being injured by the team performing on the floor.